

Table 8: Anecdotes Regarding Experience Using the Internet to Locate Health Information

Category	Distribution	Examples
No unique experience	16 (31%)	
General comments	3 (6%)	Sometime I have to read a lot of material to find satisfying information. Many times I learn information that my doctor is not aware of. Sometimes the side effects of medicines are frightening.
Constraints	6 (12%)	Illness has prevented my access to the Internet. I am improving now . . . and plan to use the Internet for medical and health information.
Enjoyed introduction to the Internet	10 (19%)	Excellent course and materials. I plan to use them for reference when needed.
Positive health outcomes	8 (15%)	I think the use of the Internet helped save my mother's life.
Did not respond to question	9 (17%)	